

# Spahealer

writer Laura Li

## andrew wallas

A 'modern day wizard', Andrew Wallas is a certified healer who offers courses and counselling to treat core issues and clear inner emotional blocks. His dedication to spiritual transformation stems from a life of personal healing and study, which in turn gives him greater insight into his patients' lives.

**Andrew Wallas grew** up by the sea in the South of England. As a young man, he was driven to earn money and create a position of importance for himself, eventually securing a position as chief executive and later chairman at Lloyd's of London Insurance Market. "The driving force in this respect was compensation for a sense of deep lack and emptiness," he recalls.

When he was 28, Andrew experienced a life-changing crisis as financial success proved to be an inadequate means of happiness. "When I arrived at the pinnacle of my career, rather than feeling a sense of fulfilment and satisfaction, I felt emptiness and a sense of meaninglessness," Andrew remembers. "I could not imagine another two years in this corporate environment, let alone the next 20 years."

The abrupt crisis led him to quit his job and seek out a psychiatrist. After undergoing a spiritual transformation, Andrew spent years studying and training in psychology, philosophy and theology. He obtained a Masters Degree in Psychology and opened a clinical practice in North London, eventually moving on to establish Andrew Wallas & Marsh Ltd., an insurance company based on spiritual values. In 2005, Andrew left the company to focus on personal spiritual development as well as his passion for working with others seeking healing. He attended Oneness University in India, receiving the training necessary to become the healer he is today.

Through his years of education, Andrew realised that all human beings are seeking



transformation. "We want to transform our mediocre and boring career into a life of success and excitement," he says. "We want to transform our difficult and painful relationship into one of love and joy." Andrew notes that people are prone to feelings of compulsive thinking, loneliness, lack of fulfilment and loss of hope, to name a few, and he had discovered a way to help. "It dawned on me that we are all searching for alchemy," Andrew says, "some form of magic that will transform our modern-day base metal of worry and anxiety into something more precious than gold: joy, spontaneity, true intimacy, fulfilment and rediscovering our soul purpose."

It was likely Andrew's use of the term 'alchemy' that led a journalist who had attended his course to coin the phrase 'modern day wizard', which caught on quickly among Andrew's clients. He has

helped innumerable people through the process of transforming negative energies. "The willingness to fully express the so-called negative energies creates the alchemy to so-called positive energies," he explains.

Andrew's clients range from successful financial businessmen to unemployed single parents, many of whom have been on spiritual journeys for years but still feel stuck or blocked in areas of their lives. "I work with addiction, heartbreak, shattered dreams and shame issues," he says, "essentially any area of life where someone feels their potential is not being fulfilled." The nature of the internal and external flow of life is the main component of Andrew's work. A block occurs when somebody either denies or becomes too attached to a thought or feeling, causing the flow of the 'river' to stagnate. He has the ability to feel out any emotional blockages that prevent people from being truly happy. "If a river is flowing freely, then there is an innate vitality and health to the river," he ruminates.

Ever passionate about his work, Andrew is modest about what he achieves with clients, believing that transformation occurs because the situation is right. "To witness moments of this nature on a daily basis is an immense privilege," he says. Indeed, it is a daily process of working with individuals as well as himself, and he looks forward to working in different countries and reaching as many people as possible. "As I integrate more of my denied energy," Andrew says, "I find my work accelerating and being deeper, with greater transformation."

[www.themoderndaywizard.com](http://www.themoderndaywizard.com) 